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CO 604 Using Diagnostic Information to Facilitate Treatment Planning

Carol B. Saenger

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CO604 Using Diagnostic Information to Facilitate Treatment Planning
January 2005
Carol B. Saenger, D.Min., L.P.C.C., Adjunct Professor

Maximum Enrollment: 30

One Hour Credit

Prerequisites: CO601 and MA Counseling Status

In order to function as a competent clinician, one must develop competence in diagnosing and effectively treating a variety of problems with which they are confronted. In order to do this one must be thoroughly familiar with a variety of treatment modalities. This course is designed to provide students with an introduction to assessment, clinical diagnosis and treatment planning. Students will have an opportunity to become acquainted with material relevant to treatment issues both from a Christian historical perspective and current knowledge.

As a result of completing this course, students shall:

1. Become familiar with principles for applying Christian thought to the field of counseling.
2. Learn how to conceptualize cases from various theoretical perspectives.
3. Develop the ability to think like a clinician using relevant diagnostic information.
4. Value a collegial process in the development of treatment plans.
5. Learn how to develop and implement treatment plans including cultivating the ability to assess progress and formulate timelines.
6. Learn the value of and how to keep effective treatment records.
7. Understand how to effectively utilize supervision to facilitate quality treatment.
8. Understand the role of psychotropic medications and mood altering chemicals in the treatment of mental and emotional disorders.
9. Understand how to make appropriate treatment referrals.

Required Text

Seligman, Linda (1996). Diagnosis and Treatment Planning in Counseling. New York: Plenum Press.

Requirements

1. Reading Requirements. 10%

You will read 265 pages from the Seligman text as part of the course. You will do additional reading of approximately 150 pages. Your additional reading should reflect diagnostic and treatment concerns such as the treatment of a particular mental or emotional disorder, or the review of a specific treatment strategy that is of interest to you. On January 27, 2005 you will submit a bibliography of your additional reading in correct APA style including the number of pages you have read. AND you will write a brief synopsis of the material that you read [no more than three pages in total].

2. Case Studies. 50%

Students shall be assigned 2 case studies for which they shall do the following:

Complete a multi-axial diagnosis of the case. Write a treatment plan indicating treatment strategies. Students may include relevant Christian treatment strategies where appropriate.

Given the intensive nature of the course, no late papers will be accepted. Papers are due at the beginning of the class. Your graded paper will be placed in your SPO box.

Diagnosis and Treatment Plan 1 – 25% of the grade – January 19, 2005

Diagnosis and Treatment Plan 2 – 25% of the grade – January 26, 2005

3. Weekly Quiz on Text Reading and Class Lectures. 40%.

From the second week of class onward, each class will begin with an objective quiz that covers the required text material and lecture from the preceding week. Quizzes will be graded in class. No makeup quizzes will be given.

Evaluation

Punctual class attendance is required. Students should limit their absences to emergency cases such as illness, family emergencies, etc. If you should have to be absent, please notify the professor either through e-mail (Carol_Saenger@asburyseminary.edu or cbsaenger@aol.com) or call (502)875-8853. Make up assignments will be assigned for missed classes.

Course assignments shall be graded using the following grade ranges:

A	100-96	C	76-74
A-	95-93	C-	73-71
B+	92-87	D+	70-67
B	86-84	D	66-64
B-	83-81	D-	63-61
C+	80-77	F	60 and below

Note: One point will be added to your final grade if all assignments are submitted on time.

Grading Policy

Punctual class attendance is required. If you miss more than 1 class [or its time equivalent] you will not receive a passing grade. One additional point will be added to the final grade for those students who attended 100% of all classes. [Early arrival, punctual return from breaks, no early departure from class].

Late Assignments and Papers

Late assignments will receive a grade but no written feedback. Assignments that are more than 24 hours late will incur a grade penalty commensurate with the degree of lateness.

Incomplete Policy

A grade of “I” denotes course work has not been completed due to an **unavoidable emergency**, which does not include failure to turn in course work or attending to church work or other employment.

Schedule and Topics

- January 6, 2005 Tools for Treatment in Therapy**
Conducting Intake Interviews - Seligman Chapter 5
Writing and Record Keeping - Seligman Chapter 10
Using Supervision in Counseling
- January 13, 2005 Diagnosis and Treatment Planning**
Video and Discussion: Psychopathology and Psychotherapy:
Diagnosis and Treatment
Assessment: Using Diagnostic Tools – Seligman Chapter 4
Diagnostic Systems and Their Use -- Seligman Chapters 3 and 4
Quiz 1
- January 20, 2005 Theories and Techniques of Individual Counseling**
Nature and Importance of Treatment Planning -- Seligman Chapters 6 and 7
Developing Treatment Plans
 Individual – Seligman Chapter 7
 Couples – Seligman Chapter 7
 Families -- Seligman Chapter 8
 Groups -- Seligman Chapter 9
Quiz 2
- January 27, 2005 Treating Emotional Disorders**
Videos and discussion: The Abused Woman
The Power of Addiction
Treating Borderline Personality Disorder
Quiz 3
Diagnosis and Treatment Plans 1 and 2 Due
Reading List Due and Synopsis

Note: This syllabus is subject to change if course-enhancing opportunities arise for guest lecturers, special presentations, etc.